

FEDERATION ROYALE MAROCAINE D'ATHLETISME

3er Meeting de Zone Juniors / Seniors

GUELMIM 17/03/2019

RESULTAT PROVISOIRE

Epreuve	N LICENCE	NOM ET PRENOM	CLUB	PER	CATEG	clss
100mh	1066543	OMARI KAOUTAR	CLMA	19,08	JF	1
100m	1074708	ZGOUAOUA OUMAYMA	ACSAL	13,13	JF	1
100m	1082147	ZAYNEB BELGHAZI	CLMA	13,32	JF	2
100m	1074558	ELHAMRA MARIAM	ACAMA	13,57	JF	3
100m	1088528	EL HASSOUNY HANANE	WASK	14,09	JF	4
100m	1101966	ZIAHI MERYAM	AOD	14,51	JF	5
100m	1043019	ELAADRAOUI NADIA	ACAMA	15,53	JF	6
1500m	1092185	CHAACHAA IKRAM	ABDA	5,02,71	JF	1
1500m	1067030	MOURCHID WAF	CUSEA	5,03,82	JF	2
1500m	1092042	RACHIDI Hafida	ABDA	5,08,75	JF	3
1500m	1095530	ELHADDAD SOUAD	ABDA	5,09,86	JF	4
1500m	1103133	BALLAJ LAMIA	AAYA	5,17,90	JF	5
1500m	1098194	RAFIQ IMANE	UASL	6,06,20	JF	6
3000M-STP	1072078	KHAOULA ERRACHAKI	CLMA	12,23,02	JF	1
3000M-STP	1035559	EL KHARBOUCHI MARYEM	UASL	13,05,66	JF	2
3000M-STP	1074461	OUKAJJI TOUDA	AAYA	13,38,15	JF	3
3000M-STP	1091860	NAIT CHARKI ZAYNA	AAYA	12,45,97	SD	1
400m	1062395	SAMMOUM HASNA	AARA	1,01,16	JF	1
400m	1074558	ELHAMRA MARIAM	ACAMA	1,01,99	JF	2
400m	1084272	ELAKIFI SAMIA	KACM	1,06,94	JF	3
400m	1076679	ABEIDY SARA	ACSAL	1,10,35	JF	4
5000m marche	1068015	EL AZZOUZI HOURIA	WASK	25,46,34	JF	1
5000m marche	1070276	CHERKAOUI HASNA	AOD	26,04,11	JF	2
5000m marche	1060265	LAMRAGUI HASNA	AOD	28,07,83	JF	3
5000m marche	1091858	OUKHAYI SALMA	AAYA	31,01,77	JF	4
5000m marche	1026729	MOURAR Khadija	ABDA	27,14,54	SD	1
5000m marche	1040555	BENTBIB RAHAL	WASK	21,21,23	JG	1
5000m marche	1045209	BEN AMARA ISMAIL	OCBG	22,15,82	JG	2
5000m marche	1074755	ABOULFIDA SAAD	OCBG	23,01,67	JG	3
5000m marche	1048467	MOUATASSIM OUSSAMA	OCBG	23,22,54	JG	4
5000m marche	1070065	HIRACH OUSSAMA	WASK	26,26,69	JG	5
5000m marche	1044574	ERRAHALI ABDELAZIZ	OCBG	20,28,44	SH	1
5000m marche	1036380	ZAROUAL AYOUB	WASK	20,29,43	SH	2
5000m marche	1045208	ELMAATAOUI LAHCEN	OCBG	20,37,62	SH	3
5000m marche	1036385	FARAHI HAMZA	WASK	21,35,09	SH	4
5000m marche	1000979	FRIMANE MOHAMED	OCBG	21,46,37	SH	5
5000m marche	1031857	BANNANY MOHAMMED	OCBG	21,56,58	SH	6
5000m marche	1102352	EL GARDA ALAE	CJIS	23,40,75	SH	7
100m		HADAR YOUSSEF	CLMA	11,18	JG	1
100m	1105068	MHAMDI RACHID	AUFI	11,3	JG	2
100m	1074765	MESKAOUI ABDELGHAOUR	OCBG	11,49	JG	3

100m	1074132	EL BIYAD OUALID	OCBG	11,81	JG	4
100m	1062356	MAHIEDDINE OTHMANE	AARA	11,83	JG	5
100m	1096118	MAKAOU ZOUHIR	WASK	12,06	JG	6
100m	1084373	KASSOU SAIF EDDINE	ABDA	12,08	JG	7
100m	1097376	BOUSSAIDI RIDA	UJST	12,36	JG	8
100m	1084426	MOUHCINE ABDELALI	WASK	12,36	JG	8
100m	1097246	ABDELLAH MOFAKIR	AUBG	12,6	JG	10
100m	1104681	ESBAAI YOUSSEF	UJST	12,62	JG	11
100m	1105153	AARAAM BOUBAKER	AASAT	12,71	JG	12
100m	1055213	SOUFIANE EZAHIRI	WASK	12,8	JG	13
100m	1105157	ZOUNNID OUSSAMA	AASAT	12,83	JG	14
100m	1103322	FATMI YOINES	WASK	13	JG	15
100m	1103077	MARZOUQ HAMMADI	AONAG	13,32	JR	16
100m	1105155	ELKIBAR AYOUB	AASAT	13,6	JG	17
100m	1074182	CHTINA OUSSAM	AISO	14,14	JG	18
1500m	1067587	AIT ELHADDAR ANAS	KACM	3,58,19	JG	1
1500m	1087124	BOUSSAKE HAJIB	AARA	3,59,53	JG	2
1500m	1065545	RBAKI NABIL	AARA	3,59,60	JG	3
1500m	1085244	AYOUB OUAHMID	ISIA	4,05,21	JG	4
1500m	1084355	BENAMGHAR REDOUANE	AOD	4,06,85	JG	5
1500m	1076524	KRAOU TOUFIQ	UASL	4,11,93	JG	6
1500m	1105069	KOUCHANE HAFS	AUFI	4,12,18	JG	7
1500m	1084220	ELOUSNANI YOUSSEF	AARA	4,15,07	JG	8
1500m	1078631	DRAIF FAOUZI	KACM	4,15,41	JG	9
1500m	1076062	HABIBI RACHID	USAT	4,18,48	JG	10
1500m	1087139	AMSETTOG OUSSAMA	AATS	4,21,30	JG	11
1500m	1104595	BEN HAMMOU JAWAD	AUFI	4,22,49	JG	12
1500m	1092488	ABRACH ABDELLAH	USAT	4,23,06	JG	13
1500m	1083502	KHALLAS ACHRAF	AUFI	4,23,11	JG	14
1500m	1077420	REDA AIT ELHIMER	AUBG	4,42,55	JG	15
3000M-STP	1069064	SANI RADOUAN	CLMA	9,28,92	JG	1
3000M-STP	1039363	BOUHOUS MOSTAFA	AMLAA	9,29,42	JG	2
3000M-STP	1102575	BOUSSOUF MOHAMED	CJIS	9,31,63	JG	3
3000M-STP	1089891	EL KHALYLY RIDA	WASK	9,39,17	JG	4
3000M-STP	1094416	EL MSSAIDA MOHAMED	USAT	9,57,92	JG	5
3000M-STP	1079474	SAID KADDOURI	AUBG	9,58,43	JG	6
3000M-STP	1038359	BERRIMOU ABDERRAZZAK	ACAMA	10,06,12	JG	7
3000M-STP	1074910	RAJLI MOURAD	AAYA	10,36,88	JG	8
3000M-STP	1069385	OUAAMOU YOUSSEF	AUFI	10,47,36	JG	9
3000M-STP	1103165	OUTMIICHA YOUSSEF	USAT	11,03,52	JG	10
3000M-STP	1105152	ADISRE ELHOSINE	AASAT	11,19,43	JG	11
3000M-STP	1105157	ZOUNID OUSSAMA	AASAT	11,55,54	JG	12
400m	1105068	MHAMDI RACHID	AUFI	50,36	JG	1
400m	1074765	MESKAOU ABDELGHAOUR	OCBG	51,09	JG	2
400m	1097374	OUTMANI NOUH	UJST	52,71	JG	3
400m	1094729	GHADBANE JAWAD	WASK	53,56	JG	4
400m	1074132	EL BIYAD OUALID	OCBG	53,57	JG	5
400m	1084373	KASSOU SAIF EDDINE	ABDA	54,9	JG	6
400m	1062356	MAHIEDDINE OTHMANE	AARA	55,8	JG	7
400m	1070836	FERGAOUI ALAEDDINE	UJST	52,32	JG	8
400m	1087815	ZIYANI ABDERRAHMANE	OCBG	56,52	JG	9
400m	1078762	FAICAL ELBALLAL	AASAT	56,62	JG	10
400m	1100949	BENMANIAR NABIL	WASK	57,03	JG	11

400m	1102112	ELMERAH Y FOUAD	CUSEA	57,18	JG	12
400m	1087140	AIL MESKOUK YIUSSEF	AATS	57,71	JG	13
400m	1103072	MARZOUG HAMMADI	AONAG	57,71	JG	13
400m	1062970	TAHER ELBACHIR	AASAT	1,03,49	JG	15
400m	1103322	FATMI YOINES	WASK	1,04,19	JG	16
100m	1061722	AIMAR SOUMYA	AISO	14,15	SD	1
100m	1000833	BNHAROUD SANA	USAT	15,11	SD	2
100m	1070977	KHALI ZINB	AISO	15,25	SD	3
100m	1096302	RAFIQ ASMA	USAL	16,03	SD	4
100m	1061635	BABAHAMMOU KHAOULA	AISO	17,29	SD	5
100mh	1019349	MOHADDI NOUHAILA	OCBG	17,05	SD	1
100mh	1066543	OMARI KAOUTAR	CLMA	19,08	JF	1
1500m	1042427	KAOUTAR ABIDA	ASE	4,38,43	SD	1
1500m	1043706	IMAN LAHMADI	CSEA	4,51,97	SD	2
1500m	1020625	ABOUHI HASNA	USAT	5,07,65	SD	3
1500m	1097914	IROUI NAJAT	CSWS	6,22,49	SD	4
400m	1061722	AIMAR SOUMYA	AISO	1,03,41	SD	1
400m	1086702	EL GHAZALI IMANE	KACM	1,05,75	SD	2
400m	1070977	KHALI ZINB	AISO	1,09,14	SD	3
400m	1000833	BNHAROUD SANA	USAT	1,17,24	SD	4
100m	1022461	IZRIK ISMAIL	OCBG	11,35	SH	1
100m	1076618	TAIS ABDERRAHIM	CLMA	11,36	SH	2
100m	1009761	ABOU ELMAHASSINE ANASS	CLMA	11,49	SH	3
100m	1039517	CHAKER ALI	KACM	11,49	SH	3
100m	1031733	AMRAOUI YOUSSEF	AOD	11,87	SH	5
100m	1026267	ABOUHSSOUSS AZIZ	OCBG	11,89	SH	6
100m	1078911	JIOUBI HAMZA	CLMA	11,89	SH	6
100m	1082254	HADIR AYOUB	WASK	11,94	SH	8
100m	1073621	HASYN MOHSINE	AOD	12,18	SH	9
100m	1103463	ELHART ANOUAR	CSEA	12,27	SH	10
100m	1085195	ELILGHI ABDELMAID	ACAMA	12,29	SH	11
100m	1060691	MOUFACIR HAMZA	UASL	12,42	SH	12
100m	1095260	GHIAT HAMZA	AUBG	12,57	SH	13
100m	1086228	ELMAASLA ISMAIL	ABDA	12,6	SH	14
100m	1099533	MAISSAINE AYYAD	AONAG	12,66	SH	15
100m	1102858	BASSOU MOURAD	ABDA	12,77	SH	16
100m	1091478	EL KARZAZY RACHID	ABDA	12,77	SH	16
100m	1013382	ABOUDRAR OMAR	AONAG	12,78	SH	18
100m	1090946	KARKOUR BRAHIM	AISO	12,81	SH	19
100m	1042606	OUAHYB HICHAM	AUFI	12,81	SH	19
100m	1102893	AMHAHE NOUREDDINE	AUBG	12,85	SH	21
100m	1065525	EL QABLI MOHAMED	UASL	12,96	SH	22
100m	1066695	AKHZAM YASSINE	AISO	12,97	SH	23
100m	1105275	ELQAYED AMINE	UJST	13,27	SH	24
100m	1081069	EL ASLAOUI REDA	AARA	13,3	SH	25
100m	1080210	NAHKAMI ABDLLATIF	AISO	13,41	SH	26
100m	1093850	GOUNIR LHOU	csws	13,84	SH	27
100m	1100530	GOUNIR MOHAMED	csws	14,32	SH	28
100m	1014727	KHOURI ADNANE	RCA	11,34	SH	1

110mh	1009844	BIRI AHMAD	CLMA	15,2	SH	1
110mh	1013381	ABOUD RARONE	AONAG	22,83	SH	2
1500m	1088714	MOHAMED BOUTMAZGUINE	CSEA	4,01,22	SH	1
1500m	1039572	KJOU ACHRAF	FAR	4,02,58	SH	2
1500m	1091692	ELHAMRAOUI NASSIM	ACAMA	4,05,16	SH	3
1500m	1041159	RIBAGRADOUANE	KACM	4,05,31	SH	4
1500m	1091272	HICHAM OUTMICHA	CSEA	4,06,12	SH	5
1500m	1055583	BOUAGGAD HAMZA	AOD	4,09,88	SH	6
1500m	1077428	IDABDELLAH HAMZA	AATS	4,12,23	SH	7
1500m	1087862	AZAHROUI YACINE	CJIS	4,12,46	SH	8
1500m	1084286	IDDOUCHAYT REDA	KACM	4,14,20	SH	9
1500m		MOULOUD NIZAR	AONAG	4,16,52	SH	10
1500m	1101616	ASYAD BRAHIM	CJIS	4,16,97	SH	11
1500m	1073667	BEN OUAZAR YOUSSEF	ABDA	4,17,28	SH	12
1500m	1092597	EL KHADRAOUI ABDEDDAIM	AUFI	4,18,09	SH	13
1500m	1057329	ALAHIN LAHCEN	AUFI	4,18,29	SH	14
1500m	1062718	ID ABDELLAH MOUAD	AATS	4,19,43	SH	15
1500m	1095363	EL HOUSSAINI SAID	USAT	4,23,65	SH	16
1500m	1080210	NAHKAMI ABDELLATIF	AISO	4,24,66	SH	17
1500m	1102356	MAHOU NOREDDINE	USAT	4,28,66	SH	18
1500m	1103101	AIT EL BASSA ABDELAZIZ	AISO	4,28,76	SH	19
1500m	1074522	BELRHZALI NOUREDDINE	AAYA	4,29,74	SH	15
1500m	1049494	ECHARKAOUI AZIZ	AONAG	4,31,61	SH	21
1500m	1100958	SADIQUI HAMZA	WASK	4,39,40	SH	22
1500m	1035688	BOUNHIR LAHOUCINE	USAT	4,43,82	SH	23
1500m	1089473	HAMMOUDI ALI	ISIA	4,44,65	SH	24
3000M-STP	1012246	OUSLIB YOUSSEF	CLMA	9,17,98	SH	1
3000M-STP	1072342	BEN BELLA HASSAN	AATS	9,30,08	SH	2
3000M-STP	1080512	HAZMIRI ABDELOUAHED	WASK	9,25,51	SH	3
3000M-STP	1100512	LAQTIB FOUAD	KACM	9,39,17	SH	4
3000M-STP	1071334	KADDOUR SAID	ISIA	9,39,82	SH	5
3000M-STP	1071238	BADDOU ABDERRAHIM	AAYA	10,04,84	SH	6
3000M-STP	1077428	IDABDELLAH HAMZA	AATS	10,09,10	SH	7
3000M-STP	1101617	AKDIM MOHAMED	CJIS	10,15,35	SH	8
3000M-STP	1062736	AIT TAGADIRT KHALID	AATS	10,40,11	SH	9
3000M-STP	110,5405	SOUSSI NAJI	AWA	9,49,25	SH	
400m	1027379	BAMBARA AYOUB	CSEA	50,8	SH	1
400m	1055569	BOUAGGAD ABDESSAMAD	AOD	50,9	SH	2
400m	1027680	BAZIZ IMAD	OCBG	51,1	SH	3
400m	1094178	CARWAN HAMZA	CLMA	51,27	SH	4
400m	1007969	AIT BOUHADIDI MOHAMED	OCBG	52,21	SH	5
400m	1091212	SLALT ABDESSAADEQ	AOD	52,97	SH	6
400m	1063595	IGHZI HAMZA	OCBG	53,02	SH	7
400m	1094177	SMAIL LAROUBI	CLMA	53,2	SH	8
400m	1102858	BASSOU MOURAD	ABDA	53,85	SH	9
400m	1090946	KARKOUR BRAHIM	AISO	54,76	SH	10
400m	1085195	ABDELMAJID ILGHI	ACAMA	54,81	SH	11
400m	1081069	ELASLAOUI REDA	AARA	55,97	SH	12
400m	1065525	EL QABLI MOHAMED	UASL	1,02,95	SH	13
400m	1014727	KHOURI ADNANE	RCA	49,42	SH	1
400m	1011277	DARAI ABDELGHAFOUR	FAR	49,46	SH	2
400m	1011305	CHHAR MOUHCINE	FAR	50,34	SH	3